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## Nanette Fluhr

### Painting the Portrait and Figure in Oil from Life (2077)

#### “Art Supplies”

#### RECOMMENDED COLORS:

- Titanium white
- Cadmium red light
- Burnt umber
- Cadmium yellow medium
- Raw umber
- Ultramarine blue
- Ivory black
- Cinnabar green
- Alizarin crimson
- Burnt sienna
- Yellow ochre
- Cerulean blue
- Viridian green

#### ADDITIONAL COLORS (OPTIONAL)

- Brilliant pink
- Cadmium orange
- Dioxazine purple
- Terra rosa
- Jaune brilliant
- Raw sienna

#### BRUSHES

• Have a good selection of brushes – both bristles and sables (real or synthetic). I use mostly filberts, but flats and rounds are useful too. I highly recommend Rosemary and Co. Brushes and have worked with them to create two brush sets that are ideal for painting portraits and figures. The first is a great basic set and the second is an extended set including a few more of my favorite brushes.

Here is a link to the *Nanette Fluhr brush sets*:

<http://www.rosemaryandco.com/gift-sets/brush-sets/nanette-flur-basic>

<http://www.rosemaryandco.com/gift-sets/brush-sets/nanette-fluhr-extended>

• Additionally have 2 big brushes 2” -3” (inexpensive ones from a hardware store are fine)

- Liquin, Linseed oil or medium of your choice
- Odorless mineral spirits
- Small cup (for medium)
- A cup, jar or brush washer for mineral spirits

#### SUPPLIES

Canvas

- Fine tooth 14" x 18" or 16" x 20" prepared with 2 coats of gesso \*Do not tone canvas; keep it white
- A small canvas board on which to work out studies

#### ADDITIONAL MATERIALS

- Razor blades
- Rags (old T-shirts work great)
- Paper towels (Viva brand recommended)
- A palette knife
- A skewer, brush or knitting needle
- A palette, preferably a glass palette with grey underneath, or wood.

Members of the Art League get discounts @ the following art supply stores:

- **Riebe's** (631) 427-8644
- **Blick**, Carle Place, NY (516) 248-1555
- **Utrecht**, Carle Place, NY (516) 741-1805